



Packing List for your Cuyabeno Lodge Tour

- Light-weight pants and long-sleeved shirts for hiking in the rainforest.
- Light jacket (it can be a bit cold at night and during the journeys by canoe)
- Shorts, t-shirts, hat for journeys by canoe and to wear in the lodge
- Sneakers, sandals, several pairs of socks. (We will provide rubber boots)
- Your own rain poncho, if you have one. Otherwise we will provide one.
- Insect repellent (not as spray, if possible, in order to avoid environmental contamination).
- Sunscreen, sunglasses, swimming suit
- Personal toiletries and any medication you might need (we provide biodegradable shampoo and soap).
- Flashlight.
- Your personal documents, some cash in small denominations.
- If possible medium backpack (the space in the canoe is limited) and a small backpack for walks.
- Personal bottle to fill up with drinking water.
- Dry bags or Ziploc bags.
- Camera and binoculars.
- Sufficient masks for your personal use.
- Disinfectant gel.

Note: All rooms have mosquito nets. No malaria nor yellow fever have been reported in the area.